

Christian Coaching VS Counseling VS Mentoring

Coaching Versus Mentoring

Coaching and Mentoring go hand in hand. Both involve supporting and accountability to grow people toward a better future.

Coaching brings awareness to an individual based on their goals to help them to identify the direction they want to take. Coaches motivate and hold clients accountable toward their objectives.

Coaches pull the abilities that God have given to the client in a common structured way.

Coaches focus on helping the client to make sound Biblical based decisions.

Mentoring will introduce the mentors advice and encouragement to individuals based on their experience. Mentors use Godly wisdom to give insights based on their past experience.

Coaching Versus Counseling

Coaching and Counseling go hand in hand when focusing on the client's growth.

Coaches work with healthy and mentally stable individuals and groups to improve their lives.

Coaches focus on helping clients to define their vision and goals they would like to achieve.

Coaches focus on helping the client to create a better future for themselves.

Counselors focus on helping individuals to get well mentally and psychologically.

Counselors assess and diagnose client's emotional and psychological state while helping clients to become whole.

Counselors help clients to fix problems from the past.